

Westside Senior Center Calendar JUNE 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
	9:30—Chair Yoga	9 am Cards, games, dulcimers		9 am Cards & games	9:30—Chair Yoga	
			10:30 am Line Dancing		5 PM—Dinner	
		6 pm Cards & games		6 pm Cards & games	6 pm—Concert	
CLOSED			6 pm Bingo w/food			CLOSED
8	9	10	11	12	13	14 FLAG DAY
	9:00 am—Fall Prevention	9 am Cards, games, dulcimers	10 am—Board Meeting	9 am Cards & games	9:30—Chair Yoga	
	and Recovery—Lincoln Kinkade		10:30 am Line Dancing			
	9:30—Chair Yoga	6 pm Cards & games		6 pm Cards & games		
CLOSED			6 pm Bingo w/food			CLOSED
15 FATHER'S DAY	16	17	18	19 JUNETEENTH	20	21
	Mountaineer Sole Foot Care	9 am Cards, games, dulcimers		9 am Cards & games	9:30—Chair Yoga	
	- By Appt.		10:30 am Line Dancing			
	9:30—Chair Yoga	6 pm Cards & games		6 pm Cards & games		
CLOSED			6 pm Bingo w/food			CLOSED
22	23 OUTREACH FOOD DUE	24	25	26	27	28
	9:30—Chair Yoga	9 am Cards, games, dulcimers		10 am Had & Foot Tour- nament	9:30—Chair Yoga	
			10:30 am Line Dancing	nament		
		6 pm Cards & games		6 pm Cards & games		
CLOSED			6 pm Bingo w/food	1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1		CLOSED
29	30					
	9:30—Chair Yoga					
CLOSED						